

PLANT & VEGAN PRODUCTS

OUMPH!

OUMPH NUGGETS (NC)

CBI #10079850 1/10 LB

THE BITES CAN EITHER BE FRIED OR BAKED. SERVE THEM WITH YOUR FAVORITE DIPPING SAUCE

OUMPH PULLED SOT VEGAN PIECES

CBI #10079849 1/10 LB

CAN BE COOKED, GRILLED, FRIED, IN A PAN OR A FRYER, DEPENDING ON WHAT CONSISTENCY YOU PREFER. YOU CAN THEN SPICE IT UP WITH ANY OF YOUR FAVORITE SAUCES OR SPICES.



EPIC Veggie Eating For Free Range Humans

The Oumph product is a plant based product rich in protein and fibers also is a good source for folic acid and iron. Most of all...
IT REALLY TASTES AMAZING!!!



HIGH IN FIBER AND PROTEIN

VEGAN • GLUTEN FREE • DAIRY FREE
U.S.D.A INSPECTED

VEGGIE BURGER (NC)

20/6 OZ

CBI#10036860

VEGAN BALI BURGER

20/6 OZ

CBI#10045792

VEGAN BALI BURGER SLIDER

54/2.5 OZ

CBI#10050747 SP ORDER

COOKING INSTRUCTIONS:

In the skillet remove paper, spray frozen burgers on both sides with cooking oil; place burgers in non-stick skillet; cook for about 8 minutes on medium high heat, turning over halfway cook time on the grill or flatop: remove paper, preheat grill to medium heat; spray burgers on both sides with cooking oil and place burgers directly on grates; cook for 4 minutes, then flip over and cook for another 4 minutes.

